



intraMAX® Protocols

Applies to all protocols: Follow dosage with plenty of non-chlorinated or filtered spring water. For best results, do not take within 2 hours of pharmaceuticals, over-the-counter drugs, or other dietary supplements.

Maintenance Protocol:

Take 1 fl oz per day, six days per week on an empty stomach.

Performance Protocol:

Take 1 fl oz of intraMAX® in the morning on an empty stomach and 1 fl oz of intraMIN® in the afternoon at least 30 minutes before or after food.

Children's Protocol (children 4 years and over):

Take ½ fl oz per day on an empty stomach.

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