

intraMIN should be used by Health-Care Professionals as the first line of choice for patient's health-care issues that will benefit from Organically microcomplexed™ minerals until the patient is physically stabilized. It is best to remove all other kinds of nutritional supplementation and focus only on intraMIN. Once the patient begins to manifest degrees of healing based upon clinical evaluations, it is then desirable to transition them to intraMAX™. intraMIN forms the base for all of Drucker Labs nutritional therapy products. intraMIN is available in naturally unflavored or all natural tropical fruit flavor. intraMIN is ultra-hypoallergenic and designed for the most chemically sensitive patients.

If possible, have the patient hold the product under his/her tongue for 60 seconds before swallowing. If the patient has sensitive teeth or gums, swallow immediately. After swallowing, sip 8 to 10 oz. of filtered, **non-chlorinated** or bottled spring water. Do not eat food 30-minutes before or after dosage. Do not take medications, caffeine, or other supplements until two hours have passed. For best results, use intraMIN™ for six days, take the seventh day off, and repeat. Do not take after 6 p.m. and always consult your Health-Care Professional before taking Drucker Labs' products.

Less is More Protocol

Start the first six days with:

- One teaspoon in the AM (ideally on an empty stomach – first thing upon rising) and
- One teaspoon 60-minutes before or after lunch and
- One teaspoon just before 6 PM.

Do this protocol for six days (take the seventh day off). Then commence The General Maintenance Protocol below. If the patient is sensitive, see the chemically sensitive protocol.

General Maintenance Protocol

Day	Dose	Frequency
Monday	½ ounce	2 X per day
Tuesday	1 ounce	2 X per day
Wednesday	½ ounce	3 X per day
Thursday	½ ounce	2 X per day
Friday	1 ounce	2 X per day
Saturday	½ ounce	3 X per day
Sunday	n/a	Rest

intraMIN Topical Spray Protocol

Put four ounces of unflavored intraMIN into a clean plastic spray bottle and keep refrigerated when not in use. Spray on dermatological conditions such as aches, pains, muscles, sores, sunburn, acne, psoriasis, eczema, bruises, and varicosities (varicose veins). intraMIN can be sprayed onto the scalp and hair and then massage in as well. intraMIN also can be sprayed onto the face and neck (do not spray directly into the eyes).

Chemically Sensitive Protocol

The following protocol is for anyone who is sensitive and/or has significant health issues. They may need to stay on this protocol for at least three months before attempting to move to the General Maintenance Protocol.

Day	Dose	Frequency
Monday	¼ ounce	2 X per day
Tuesday	½ ounce	2 X per day
Wednesday	¾ ounce	3 X per day
Thursday	¼ ounce	2 X per day
Friday	½ ounce	2 X per day
Saturday	¾ ounce	3 X per day
Sunday	na	rest

intraMIN Soaking Protocol

Soak gauze in unflavored intraMIN and apply to osteo or rheumatoid arthritic joints for at least 15 minutes. Repeat for at least 30 minutes. This protocol can be done throughout the day and night as often as needed.

Protocol Exceptions:

Diabetes: Take one ounce of unflavored intraMIN thirty-minutes after each diabetic medication. Introduce flavored intraMAX after meals when patient's blood sugar begins to stabilize. Dosage: One tablespoon in the AM, one tablespoon 30 minutes after each diabetic medication, and one extra tablespoon around 5 PM.

Fibromyalgia: Begin with the Less is More Protocol with intraMIN naturally unflavored. Evolve into The Detox Protocol and then into The Stress Protocol. In conjunction, use unflavored intraMIN as a topical spray or in a gauze to soak into the trigger points (see protocol above). It can stay on as long as needed.

intraMIN for Children:

Ages 4 to 5 - one teaspoon twice per day

Ages 5 to 7 - two teaspoons twice per day

Ages 7 to 9 - two teaspoons AM and one tablespoon before 6 PM

Ages 9 to 12 - one tablespoon AM and one tablespoon before 6 PM

Measurement Reference Information:

- Two tablespoons = one ounce
- Three teaspoons = one tablespoon
 - Six teaspoons = one ounce
- One capful of intraMIN = one ounce

Disclaimer: this product is not intended to prevent or cure any diseases. The statements above have not been evaluated or approved by the US Food and Drug Administration. This information is neither intended to provide medical advice, nor to take the place of medical advice or treatment from a Health-Care Professional or Doctor. Readers are advised to consult with their own Health-Care Professional or Doctor regarding alternative treatment of their medical problems and/or the undertaking of any exercise and/or supplement and/or detoxification programs mentioned. Consult with a Health-Care Professional or Doctor if taking any prescription medications and do not discontinue any medications to start supplementation or any procedures outlined without the proper supervision of a Health-Care Professional or Doctor. If you are pregnant, nursing or using prescription drugs, consult your Health-Care Professional or Doctor before use. Always consult your Health-Care Professional or Doctor before taking any supplements.