Human Clinical Trial
Evaluating the Safety and Efficacy of intraMAX®

A Randomized, Gold Standard, Double-Blind Placebo Controlled Study
Melanie Montgomery, MSHN, Director of Research, Fenestra Research Labs

intraMAX Clinical Study and Test Results:
Fenestra Research provided a non-biased study on Drucker Labs' supplement intraMAX1.

Discussion

The purpose of this study was to evaluate an all-in-one dietary nutrient supplement product, intraMAX, with respect to its ability to help normalize and to help support cellular functions.

This trial was a 30-day, 125-person study with subjects drawn from a large population of people with various cellular imbalances. The subjects were randomized into two groups. The placebo group was made up of 75 subjects. Subjects in both Group A (live product group) and Group B (placebo group) were provided and instructed to take one capful of product twice daily on an empty stomach with a full glass of purified water. Instructions also included: no eating or drinking for at least one-half hour of taking the product and no pharmaceuticals (unless it was a medical emergency) or nutraceuticals for at least two hours after consuming the product.

The Optimal Wellness Test, an anti-aging and wellness analyzer developed by Fenestra Research Labs, is an analytical, mathematically-based test that measures wellness in every organ and system of the human body. Fenestra Research has established a simple, reproducible, mathematically-based system to determine if a natural product results in the human body moving closer to or further from wellness parameters. This knowledge makes it possible for health care practitioners to objectively establish, determine, and provide improved cellular health guidance for patients.

The clinical study subjects were tested on Week 0 (Visit 1) to evaluate their suitability for inclusion in the study. Accepted subjects entered into a 1-week “baseline preparation” period designed to eliminate all over-the-counter medications and other supplements in order to prepare for baseline testing.

At Week 1 (Visit 2), subjects returned for baseline Optimal Wellness Tests at which time they received their respective liquid product, group instruction, as well as individual instructions on required protocol. Second tests were conducted on Week 2 (Visit 3) when the Optimal Wellness Test was repeated. Final tests were taken on Week 4 (Visit 3). At each visit, specific protocol for this study was reviewed with each subject. Biweekly phone contacts were made to each subject to insure compliance with this study’s protocol.

Subjects

<table>
<thead>
<tr>
<th>Gender</th>
<th>Age</th>
<th>Race</th>
</tr>
</thead>
<tbody>
<tr>
<td>72 female</td>
<td>(18) 18-25 years of age</td>
<td>40 Caucasian</td>
</tr>
<tr>
<td>53 male</td>
<td>(25) 25-32 years of age</td>
<td>28 African-American</td>
</tr>
<tr>
<td></td>
<td>(22) 32-40 years of age</td>
<td>24 Asian</td>
</tr>
<tr>
<td></td>
<td>(30) 41-48 years of age</td>
<td>33 Hispanic</td>
</tr>
<tr>
<td></td>
<td>(20) 48-53 years of age</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(10) 53-60 years of age</td>
<td></td>
</tr>
</tbody>
</table>

Results

A simple non-paired t-test which compared the differences between baseline and final parameter values for the live product group showed statistically significant changes in salivary ORP (Oxidation-Reduction Potential), pH, toxicity, and urinary specific gravity, carbohydrate digestion, and cellular respiration. (See detailed descriptions of these markers in the addendum below). Statistical analysis of the data shows a consistent picture between treatment groups over time. Results were race-, sex-, and age-independent.

Conclusion

intraMAX is effective and no adverse events were reported during the study. Details of the efficacy results supported by the clinical study’s findings on intraMAX can be grouped into the following four areas: energy, cellular function, detoxification, and optimal wellness.

<table>
<thead>
<tr>
<th>Statistic (on average overall)</th>
<th>Group A (intraMAX Group)</th>
<th>Group B (Placebo Group)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Improved Cellular pH</td>
<td>1.8</td>
<td>No Significant Change</td>
</tr>
<tr>
<td>Improved Cellular ORP (reduced “free radical” damage and reduced aging)</td>
<td>42%</td>
<td>No Significant Change</td>
</tr>
<tr>
<td>Decreased Cellular Toxicity</td>
<td>18%</td>
<td>No Significant Change</td>
</tr>
<tr>
<td>Improved Cellular Specific Gravity (lymph, kidneys, and energy)</td>
<td>32%</td>
<td>No Significant Change</td>
</tr>
<tr>
<td>Improved Cellular Carbohydrate Digestion</td>
<td>27%</td>
<td>No Significant Change</td>
</tr>
<tr>
<td>Improved Cellular Respiration (Krebs Cycle, ATP)</td>
<td>22%</td>
<td>No Significant Change</td>
</tr>
</tbody>
</table>

1 An independent trial: Neither the owner of Fenestra Research nor any of its employees has financial ties to Drucker Labs.
Energy:
• All subjects on the product reported more energy throughout the day
• intraMAX promoted significant improvement in cellular respiration and enhanced energy levels

Cellular Function:
• intraMAX helped achieve proper composition of body pH which improves the level of acidity in the body to promote better overall functioning
• Subjects were able to achieve proper activation and assimilation of vitamins, minerals, amino acids, enzymes, and glycogens
• intraMAX augmented the hydration level which is essential for normal bodily function

Detoxification:
• intraMAX assisted with proper detoxification of intercellular metabolic wastes, and, therefore, led to reduced levels of toxicity in the body
• intraMAX helped to maintain or improve the body’s cellular functions

Optimal Wellness:
• intraMAX helped with optimal digestion (especially carbohydrate digestion) which is essential to wellness
• intraMAX augmented the hydration level which can be effective in improving kidney health
• intraMAX helped to neutralize “free radical” damage

Based on these clinical comparisons and the complete lack of known adverse side effects, interaction, or contra-indications from the ingredients in the product, intraMAX was shown to be a safe and highly effective means of improving one’s nutrition while helping to maintain or improve cellular system functions.

Addendum

Cellular pH
pH is a measurement of the concentration of hydrogen ions within the various body fluids. The lower the pH, the more acidic the solution; conversely, the higher the pH, the more alkaline the solution. The pH is measured on a logarithmic scale. For each change of one pH unit, there is a tenfold change in the concentration of hydrogen ions in the fluids. The normal range for venous blood is 7.30 to 7.35. This slightly alkaline pH is due to the reservoir of bicarbonate ions in the blood that act as physiologic buffers and maintain the normal pH range.

ORP (Oxidation-Reduction Potential)
The oxidation-reduction potential is a true value. It is the actual measure of the fluids millivolt (mV) potential, the measurement of the fluid’s ability to donate or accept electrons. The higher the ORP, the more reduced intermediates are in the specimen, meaning the fluid is active, charged, and has the ability to create energy. When the fluid is oxidized, the fluid has lost its capacity to create energy.